



Joggers & Lagers Fun Run Series



Route For:

Wednesday, May 6, 2026

First Run of the Season!

Core Trail Out & Back

Apparently, it's still mud season. It's muddy.

(It's OK: *"We need the moisture!"*)

Let's start out the series simply and cleanly:

An out-and-back on the core trail.

Cross Yampa Street, jump on the core trail and head east.

Go out for half your target duration, about face, run back.

Run back to Mountain Tap for your free beer or soda.

**Make it an evening – stick around for dinner at Mountain Tap
with your running friends and family!**

Next Joggers & Lagers date: May 20.

Here's to sunshine and drier trails next time!